



TRANSITIONS

Newsletter of the Alice Mayo Society Friendship Club

Winter Quarter
January-March 2011



MAYO CLINIC

The Alice Mayo Society
FRIENDSHIP CLUB *together with*
OFFICERS COUNCILORS

Invite you to the 2011 Mayo Clinic Staff Social

"The Enchanted Forest"
Saturday, January 22, 2011
7 p.m. to midnight
Nathan Landow Atrium, Gonda Building
Mayo Clinic

Upcoming Friendship Club Events

- 1/17 Chef Night - "French Bis-tro"
- 1/18 Lunch Bunch @Canadian Honker
- 1/22 Staff Social - "The Enchanted Forest"
- 1/29 Tennis Mixer @RAC
- 2/4 Playdate @Pipsqueaks
- 2/6 Bookclub @Caribou North
- 2/15 Playdate @Quarry Hill Nature Center
- 2/15 Lunch Bunch @Pho Tai
- 2/23 Friendship Club Movie Night
- 2/26 Tennis Mixer @RAC
- 3/6 Bookclub @Caribou North
- 3/10 Playdate @Jennifer Burkhart's house
- 3/15 Lunch Bunch @El Carambas
- 3/23 Playdate @Zollman
- 3/26 Tennis Mixer @RAC
- 4/20 Save-the-date: Alice Mayo Society Spring Brunch

Lunch Bunch

The Lunch Bunch meets at a different restaurant each month on the 3rd Tuesday at 11:30 am. It is a fun, casual group and you are not obligated to attend every month. We welcome anyone to join us for a mid-day break for food, fun and conversation.

Contact Sara Staab at jps.sms@q.com for more information. Please let Sara know if you will join us at any of the following places so we know how many people to look for (and can get reservations if necessary).

Tue, January 18: Canadian Honker - 2nd ST SW (near St. Mary's)
Tue, February 15: Pho Tai - 1726 37th ST NW
Tues, March 15: El Carambas - 1503 HWY 14 E

Chef Night at Catering by Design

Chef Night at 'Catering by Design' on **January 17th** at 7 p.m.

The theme is French Bistro. Guests will learn to become more comfortable cooking with wine.

- French Onion Soup
- Ham and Brie Crepes
- Coq au Vin
- Beef Bourguignon
- Profiteroles w/House Made Vanilla I.C. and Chocolate Sauce

Get your reservations in fast to amsfcpresident@yahoo.com. Space will fill up quickly for this one! RSVP by January 14th.

Save-the-Date

Alice Mayo Society's Spring Brunch
April 20, 2011

Tennis Mixer at the Rochester Athletic Club

Get your RSVP's in for the Tennis Event on **January 29th!** The event will be held at the Rochester Athletic Club (3100 19th St. NW) from 6:30-9 p.m. Cost is \$10.00 per person and limited spots are available.

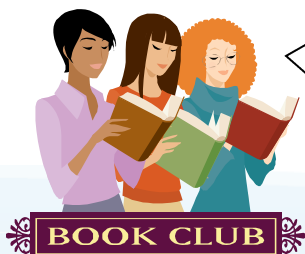
Sign up by e-mailing amsfcpresident@yahoo.com Last day to respond is January 26th.

DAYCARE WILL BE PROVIDED for kids ages 6 mos-6 years. You must make daycare reservations at least 48 hours in advance by e-mailing jhass@racmn.com Make sure you include the names and ages of your children. Spots are limited, so please sign up as soon as possible.

NOTE: You do not need to be a RAC member to participate. Mark your Calendars: Upcoming Tennis Event Dates-Feb 26 and March 26.

Our Feb book is "Little Bee" by Chris Cleave

We will meet at Caribou North on Sunday, 2/6 at 7pm



Gourmet Club Menu Highlights

January: New Year's Resolutions

- Garlic Flatbreads with Smoked Mozzarella and Tomato Vinaigrette
- Spiced Rubbed Roasted Salmon with Lemon-Garlic Spinach
- Wild Rice & Toasted Pecan Pilaf
- Lemon-Garlic Spinach
- Savannah Chocolate Cake with Hot Fudge Sauce

February: Classic Italian Meal

- Insalata Rustica, Tomato and Olivada Crostini
- Farfalle with Sausage, Tomatoes, Agnolotti with Sweet Peas and Goat Cheese
- Porchetta-Style Roast Pork or Chicken Saltimbocca with Lemon Sauce
- Carrot Orzo, Green Beans with Sage and Pancetta
- Panna Cotta Parfaits with Raspberry Compote

March: In Honor of Women Chefs

- Smoked Salmon and Egg Salad Tartines
- California-Style Char Siu Pork Tacos
- Bibb and Radish Salad with Bacon Dressing
- Chilean Roasted Winter Squash Soup
- Beef Bourguignon
- Goopy Toffee Butter Cake

Playdate Groups

We're excited to welcome Amanda Ward into the position of playgroup coordinator. Please continue to email Jennifer Burkhart at burkhartfamily@gmail.com with any questions until further notice.

Upcoming playdates:

Friday, February 4 @ 9:30: Pipsqueaks at the United Way Gym

Tuesday, February 15 @ 10: Quarry Hill Nature Center

Thursday, March 10 @ 10: Jennifer Burkhart's house

Wednesday, March 23 @ 10: Zollman Zoo at Oxbow Park

Alice Mayo Society Friendship Club - In the beginning...

"The main purpose of the organization when it was originally formed (as stated by Mrs. Plummer, one of the founders of the first Magazine Review Club) was to keep the wives of the younger doctors at the Mayo Clinic happy so they would like Rochester and their husbands would want to remain in the city.

While the structure of the organization has changed quite drastically over the years, the primary purpose has remained the same. As stated in a 1961 article in the Mayovox, the purpose of the Magazine Club was "to help the wives of new Fellows and wives of new staff to become acquainted with the staff and Fellows' wives already in residence here, to become acquainted with each other, and to help the newcomers become happily settled in a community which will be their home for at least three years and in some cases their permanent home."

We hope the AMS Friendship Club has continued to serve its mission of welcoming new spouses and partners of Mayo staff to Rochester and the Mayo Clinic, helping you to connect with and forge friendships among our members while also enjoying many fun events and group meetings we organize to help fill out your social calendars!

Source: A History of the Fellows' Wives Section of the Alice Mayo Society. Compiled by 1969-70 Fellows' Wives Historian Mrs. Richard W. Spann. January 19, 1970. <http://www.mayo.edu/alumni/documents/HistoryofFellowsWivesSection.pdf>

Highlights from the Alice Mayo Society December Luncheon

Approximately 100 members of the Alice Mayo Society attended the medical update luncheon in Phillips Hall on December 6 to hear Dr. John Paat (Consultant, General Internal Medicine, Assistant Professor of Medicine) talk about his experiences in international health in the Philippines and Haiti. His talk was titled: "International Health: Helping Define and Meet the Needs of Developing Countries." It was an important talk and a good one for the holiday season.





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Rosemary and Meredith Willson Harmony For Mayo Program

- JAN 17: James Grear & Company*, gospel,
*Special evening concert, 7:30 pm, honoring
Martin Luther King, Jr. At Autumn Ridge
Church, 3611 Salem Rd SW, Rochester
- JAN 24: Nina Fan, Beth Rapier & Esther Wang, classical
piano trio, in Lips Atrium
- JAN 31: Peter Callahan, acoustic celtic/folk, in Lips
Atrium
- FEB 7: Choral Arts Ensemble, choral, in Hage Atrium
- FEB 14: Ba Da Chui with Zhao Jia Zhen, classical Chinese
percussion & Guqin, in Lips Atrium
- FEB 21: Unison Piano Duo, classical, in Peace Plaza/Lips
Atrium (in case of rain)
- FEB 28: Bill Staines, acoustic folk, in Lips Atrium
- MAR 7: Choral Arts Ensemble, choral, in Hage Atrium
- MAR 14: Lehto & Wright, Celtic/American folk rock, in
Hage Atrium
- MAR 21: Galactic Cowboy Orchestra, Newgrass Art-rock,
in Lips Atrium
- MAR 28: Nirmala Rajasekar & Muruga Boopathy classical
Indian, in Lips Atrium

<http://www.mayoclinic.org/humanities-in-medicine/harmony-for-mayo-rst.html>



Alice Mayo Society Friendship Club website: www.mayo.edu/alumni/AliceMayoFriendshipClub.html