

SUMMER WELCOME DINNER



Photo source: <http://www.mayoclinic.org/>

Friday August 6th

Foundation House

Reception - 6:30

Dinner - 7 p.m.

Invitations will be mailed out separately.

Reminiscent of an English manor house, the Foundation House was built by Dr. and Mrs. William J. Mayo between 1916 and 1918. It contains 47 rooms arranged on 2.5 levels and had a five-story tower. In 1938, the Mayos gave their home to Mayo Foundation, fulfilling a dream they had when they first planned the house: to establish a meeting place where people in medicine could exchange ideas for the "good of mankind."

Adapted from: <http://www.mayoclinic.org/tradition-heritage/foundation-house.html>

GOURMET CLUB - SUMMER MENU

Food on a Stick: A Celebration of Summer

Menu includes:

- SPARKLING RASPBERRY LEMONADE
- GRILLED PROSCIUTTO WRAPPED SHRIMP W/ APRICOT MUSTARD SAUCE RECIPE
 - TOMATO, WATERMELON AND BASIL SKEWERS
 - SPICY BEEF KEBABS
 - VEGETABLE KEBABS
- STRAWBERRY KEBABS WITH ROSEMARY, MASCARPONE, AND LIMONCELLO

Gourmet Club Menus can be downloaded from our website at:
www.mayo.edu/alumni/AliceMayoFriendshipClub.html.

Gourmet Club Groups are generally comprised of 5 to 7 couples and together decide when/where to meet and how to divvy up the recipes for each month's menu.



SUMMER QUARTER (JUL-SEPT 2010)

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FRIENDSHIP CLUB

The Friendship Club is a section of the Alice Mayo Society which provides support and integration for the families of new Mayo Clinic consulting staff through a variety of organized social events.

FC OFFICERS

President

Kathleen Murphy
amsfcpresident@yahoo.com

Vice President

<Open position>

Secretary

Charie Vathanaprida Diehn

Treasurer

Shannon Carter

Past President

Kim Fleming

Committee Chairs

Book Club

Nancy Radakovic
nancy.radakovic@gmail.com

Festival of Trees

Missy Weingarten
mnh03@aol.com

Gourmet Groups

Kathleen Murphy
murphykat2000@yahoo.com

Playdate Groups

burkhartfamily@gmail.com

BOOK CLUB

Like to read? How about an evening of interesting discussion? Then book club is for you! Our summer books will be:

July: "*Orange is the New Black*" by Piper Kerman.

August: We will be taking this month off.

Sept: "*The girl with the dragon tattoo*" by Stieg Larson.

We are looking for anyone interested in starting a new group. Contact Nancy at nancy.radakovic@gmail.com for more details.

FOODIE NEEDED!

Do enjoy themed dinner parties, BBQs, casual gatherings with good friends and good food?

Gourmet Club is looking for a new representative from Friendship Club group to help plan menus with Mayo Families' Connection (MFC) members. Responsibilities include meeting with MFC gourmet committee members to plan themes for the year and take individual responsibility for the planning of 1-2 menus a year. Meetings take place approximately four times a year.

The position also entails connecting Friendship Club members who want to join a gourmet club with an existing group, or helping them to start one of their own. If interested, please contact Kathleen at amsfcpresident@yahoo.com for more information.



Friendship Club wants to hear from you!

Take our short 10 question survey about the Friendship Club and help us serve you better.

Go to: <http://www.surveymonkey.com/s/V7777L8>

LUNCH BUNCH

The Lunch Bunch will be taking the summer off - no gatherings until September (the June one listed in last newsletter is off, too).

SAVE-THE-DATE!

September Lunch Bunch

Tuesday, Sept. 21 at 11:30 a.m.

Zzest Culinary Market and Wine Café

1190 16th St SW (across from Apache Mall)



We meet for lunch at a different restaurant each month on the 3rd Tuesday at 11:30. It is a fun, casual group and you are not obligated to attend every month. We have 10 people on our contact list so far and welcome anyone to join us when you can. We usually have 4 - 6 people attend. If anyone wants more information or is interested in joining the Lunch Bunch please contact Sara Staab at jps.sms@q.com.

VP Needed

Friendship Club is looking for a Vice-President. The Vice President would serve as president for 2011.

If you are interested, or you know of anyone who may be interested, please contact Kathleen Murphy at amsfcpresident@yahoo.com for more information about the position.

CHEF NIGHTS

Tuesday, Sept 14th @ 7:00 p.m.

Location: Catering by Design - 11 4th Street SE,
Rochester (next to Ye Olde Butcher Shoppe)

Please RSVP to amsfcpresident@yahoo.com by **Sept 8** and the menu will be emailed to you. \$15pp collected at the door.

This event is open to all Alice Mayo Society Members and their spouses. If you have any questions, please call Kathleen @ 286-7865.

Do you read through the Transitions newsletter and say, "Oh that activity sounds like a lot of fun, I should do that!" But a few weeks later, you realize you have missed it?

Send your e-mail address to amsfcpresident@yahoo.com with "Stay Current" in the subject line. We will send you monthly e-mail reminders so you don't miss another opportunity to have fun!

PLAYDATES

- **Thursday, July 15** - Piñata party @ Becky Sperling's home, **1:00 p.m.** (rescheduled from 6/18)
- **Thursday, August 26** - Bowling at Recreation Lanes @ **1:00 p.m.**
- **Friday, September 17** - Roy Sutherland Park @ **9:30 a.m.**

Please contact Jennifer at burkhartfamily@gmail.com for directions, or to be added to the Friendship Club's Playdate Groups email list.

ICE CREAM SOCIAL

Come join us for an old fashioned Ice Cream Social!

Date: Tuesday, July 20th

Time: 12:00 Noon

Location: Essex Park

*Bring some games to play (Frisbee, soccer, bean bag, croquet, ring toss, etc...)

RSVP to amsfcpresident@yahoo.com by July 16th, so we know how much ice cream to purchase
All Friendship Club members welcome!.

SUMMERTIME IN ROCHESTER

Here are just a few of the many, many fun activities in Rochester this summer. Enjoy!

- **Plummer House Tours** | Self-guided tours on Wednesdays from 12 p.m. - 6 p.m. through August, \$5 admission
- **RACE: Are we So Different?** @ Rochester Public Library (<http://www.mayoclinic.org/race> | through Sept 2010)
- **Rochester Farmer's Market** (www.rochesterdowntownfarmersmarket.org) | Saturdays, 7:30 - noon
- **Rochester Thunder Soccer** (www.thethunderfc.com) | Season ends July 24
- **Rochester Honkers Baseball** (www.rochesterhonkers.com) | Regular season ends August 16
- **Down by the Riverside Concert Series** (www.riversideconcerts.com) | Sunday at 7 p.m., July 11 - Aug 22
- **Olmsted County Fair** (www.olmstedcountyfair.com) | August 2-8
- **Hal Martin All-Comers' Meets** | 6 p.m., Tues, June 22-July 20

AMS Garden Tea
August 18th @ 1 p.m.

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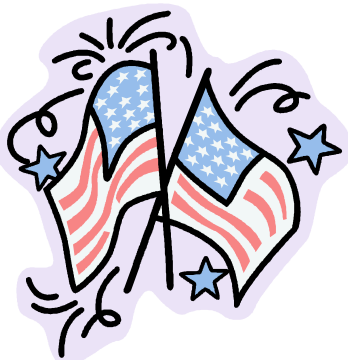
Summer 2010

July

5th (M): Happy 4th of July

15th (Th): Pinata Party at Becky Sperling's house, 1:00 p.m. (rescheduled from 6/18)

20th (T): Old Fashioned Ice Cream Social at Essex Park, 12-noon.



August

6th (F): Summer Welcome Dinner Friday, Foundation House, Reception 6:30 p.m., Dinner 7 p.m. Invitations will be mailed out separately.

18th (Th): AMS Garden Tea, Foundation House, 1:00 p.m.

26th (Th): Bowling @ Recreation Lanes, 1:00 p.m.

September

14th (T): Chef's Night, Catering by Design, 11 4th Street SE, Rochester (next to Ye Olde Butcher Shoppe), 7 p.m.

17th (F): Playdate @ Roy Sutherland Park, 9:30 a.m.

21st (T): Lunch Bunch @ Zzest - 1190 16th St SW, across from Apache Mall., 11:30 a.m.