



EASTER EGG HUNT

It's a celebration of decorated Easter eggs, chocolate bunnies and marshmallow peeps!
Come join Friendship Club families for an Easter Egg hunt!



Location: Kim Fleming's home

Date: Friday, April 2

Time: 2 to 4 pm



Please RSVP to kfleming314@yahoo.com for address and directions.



CALLING ALL HOLIDAY FANS!

Spring is here, but planning for the Festival of Trees begins this summer with the selection of a theme for our Friendship Club decorated tree.

Festival of Trees is an annual fundraising event to support the Hiawatha Homes Foundation. The mission of Hiawatha Homes is to provide residential and supportive services that promote dignity and independence in the lives of people with developmental disabilities.

The Alice Mayo Society Friendship Club contributes to this event by purchasing an undecorated tree and providing creativity and funds for tree trimmings. The Festival of Trees committee (possibly you?) decorates the tree. It will then be donated to Hiawatha Homes and displayed at the Festival of Trees celebration at Mayo Civic Center, **November 23-28, 2010.**



If you are interested in participating in the fun and festive event, please contact Missy Weingarten at mnh03@aol.com.

SPRING QUARTER (APR-JUN 2010)

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FRIENDSHIP CLUB

The Friendship Club is a section of the Alice Mayo Society which provides support and integration for the families of new Mayo Clinic consulting staff through a variety of organized social events.

FC OFFICERS

President

Kathleen Murphy
amsfcpresident@yahoo.com

Vice President

<Open position>

Secretary

Charie Vathanaprida Diehn

Treasurer

Shannon Carter

Past President

Kim Fleming

Committee Chairs

Book Club

Nancy Radakovic
nancy.radakovic@gmail.com

Festival of Trees

Missy Weingarten
mnh03@aol.com

Gourmet Groups

Kathleen Murphy
murphykat2000@yahoo.com

Playdate Groups

burkhartfamily@gmail.com



The Friendship Club is looking for someone to fill the role of Vice President. Come be a part of a fun and enthusiastic group of people who enjoy making and connecting new friends!

If interested, please contact Kathleen Murphy at amsfcpresident@yahoo.com.

PLAY GROUP

Join other Friendship Club parents and kids for a fun time! Upcoming play dates:

Thursday, April 15 @ 9:30
Playdate at Anne Colby's home

Tuesday, April 27 @ 9:30
Playdate at Pipsqueaks (last week for Pipsqueaks)

Tuesday, May 11 @ 9:30
Playdate at Jennifer Burkhart's home

Thursday, May 27 @ 9:30
Playdate at Zollman Zoo at Oxbow Park in Byron

Friday, June 18 @ 10:00
Piñata Party at Becky Sperling's home

Monday, June 28 @ 9:30
Strawberry picking @ Sterling



If you are interested in being on the list to receive play group info and updates, please email Jennifer Burkhart at burkhartfamily@gmail.com

GOURMET CLUB

Upcoming Menus

April: Honey, I'm Yours!

May: Southern Comfort

Summer: State Fair

Gourmet Club Menus can be downloaded from our website at: www.mayo.edu/alumni/AliceMayoFriendshipClub.html.

Contact Kathleen Murphy, murphykat2000@yahoo.com or call 286-7865 if you are interested in becoming a part of a Gourmet Club group. Groups are generally comprised of 5 to 7 couples and decide when/where to meet and how to divvy up the recipes for each month's menu.

LUNCH BUNCH

Upcoming Lunches:

April 20: Saints on 2nd Bar and Grill. It is located near St. Mary's Hospital in the Courtyard by Marriott Hotel, 161 13th Ave SW. (Parking is available in the lower level hotel ramp on the north side of the building.)

May 18: Victoria's Ristorante, 7 1st Ave SW.

June 15: Whiskey Creek Wood Fire Grill, 1705 S Broadway.

The Lunch Bunch meets the **3rd Tuesday** of the month at **11:30 a.m.** We are a casual group. Join us when you can, but please email Sara Staab at jps.sms@q.com if you are coming so we know how many people to expect.

The Book Club



April: *The Guernsey Literary and Potato Peel Society* by Mary Ann Schaffer

May: *Mrs. Lincoln* by Catherine Clinton

June: *The Help* by Kathryn Stockett

New members are always welcome! Please contact Nancy at nancy.radakovic@gmail.com.

HERITAGE MUSEUM TOUR

Matt Dacy, director of Heritage Hall, the museum of the Mayo Clinic, has graciously offered to give Friendship club members a private tour of the Heritage Museum on:

Saturday, June 5, at 10:00 a.m.

Mr. Dacy is an expert on the history of the Mayo Brothers and has a wonderful knack for making history come alive. The tour is definitely worth the visit. Meet at the Gonda West Entrance (main doors of the Gonda Building facing Calvary Episcopal Church and the parking ramp). Children are cordially welcome. Those interested can make plans to go to lunch afterwards.

RSVP to amsfcpresident@yahoo.com.

CHEF NIGHTS

Chef nights are held once a quarter and each gathering features a different cooking technique/theme. We sit at dinner tables in a cozy setting to watch Jeff Windt of "Catering by Design" cook and teach. We get to sample different dishes and no one actually has to cook unless he or she wants to. At 15.00 per person, it is a fabulous way to spend an evening with friends. This event is open to all Alice Mayo Society Members and their spouses. If you have any questions, please call Kathleen @ 286-7865.

Next Chef Night

Tuesday, April 20th @ 7:00 p.m.

Theme: *Chef's Choice*

Location: Catering by Design
(next to Ye Olde Butcher Shoppe)
11 4th Street SE, Rochester

Please RSVP to amsfcpresident@yahoo.com by **April 14** and the menu will be emailed to you. \$15pp collected at the door.

Upcoming Chef Nights

Tuesday, Sept 14th @ 7:00 p.m.

Tuesday, Oct 26th @7:00 p.m.

KEEP UP WITH FRIENDS

Do you read through the Transitions newsletter and say, "Oh that activity sounds like a lot of fun, I should do that!" But a few weeks later, you realize you have missed it? Send your e-mail address to amsfcpresident@yahoo.com with "Stay Current" in the subject line. We will send you monthly e-mail reminders so you don't miss another opportunity to have fun!



GIRLS' NIGHT OUT

"Girls Night Out" at Color Me Mine was a great success. There was great conversation and lots of laughter! A coffee mug, creamer, bowl, and baby plate set, among other items got the creative "royal treatment" by FC members who let their inner artist shine.



Come join us at our next GNO event...

A Night At the Movies!

Thursday, May 20th

Cinemagic Theatre - Hollywood 12

2171 Superior Drive N.W.

Dessert afterwards @ Mr. Pizza North

*They are known for their wonderful cheesecakes prepared by pastry chef Heather Fulton (see webpage, <http://www.northmrpizza.com/desserts.asp>)

E-mail Kathleen at amsfcpresident@yahoo.com for movie and time.

The Alice Mayo Society

invites you to Brunch with

Jill Youse

"How to change the world with whatever you have in your fridge."



Jill Youse is the founder of International Breast Milk Project, an international humanitarian aid organization. She has won numerous awards for social entrepreneurship and was featured on the Oprah Winfrey Show and named ABC World News Person of the Week.

Wednesday, April 21, 2010, 9:30am - 11:30am

Mayo Foundation House

RSVP by Wednesday, April 14

507-266-3488 or amsfcpresident@gmail.com

Members Only Please. We regret that children and guests cannot be accommodated

Spring 2010

April

2nd (F): Easter Egg Hunt, *Kim Fleming's home*, 2-4 p.m.

15th (Th): Playdate at *Anne Colby's home*, 9:30 a.m.

20th (Tu): Lunch Bunch, *Saints on 2nd Bar and Grill* - 161 13th Ave SW), 11:30 a.m.

20th (Tu): Chef's Night, *Catering by Design*, 7 p.m.

21st (W): Alice Mayo Society's Spring Brunch*, *Foundation House*, 9:30-11:30 a.m.

27th (Tu): Playdate: *Pipsqueaks* (903 W. Center Street). 9:30 a.m.

May

11th (Tu): Playdate: *Jennifer Burkhart's home*, 9:30 a.m.

18th (Tu): Lunch Bunch, *Victoria's Ristorante*, 7 First Ave SW, 11:30 a.m.

20th (Th): Girls Night Out: *Cinemagic/Hollywood 12 Theatre* followed by dessert at *Mr. Pizza North*

27th (Th): Playdate: *Zollman Zoo* at *Oxbow Park* in *Byron*, 9:30 a.m.

31st (M): Memorial Day Holiday

June

5th (Sa): Heritage Museum Tour, *Gonda West Entrance*, 10 a.m.

15th (Tu): Lunch Bunch, *Whiskey Creek Wood Fire Grill* - 1705 S Broadway , 11:30 a.m.

18th (F): Playdate: *Pinata Party* at *Becky Sperling's home*, 10:00 a.m.

28th (M) Playdate: *Strawberry picking @ Sterling Berry Farm*, 9:30 a.m.

Save the Date!

Alice Mayo Society's Garden Tea—Wednesday, August 18, 2010

**Only members of the Alice Mayo Society (no guests) may attend events. Unfortunately, children cannot be accommodated at the Foundation House.*

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