

HAPPENINGS

Alice Mayo Society Newsletter

100 YEAR ANNIVERSARY OF ALICE MAYO SOCIETY CELEBRATION CONTINUES

We are celebrating! Did you know that the Alice Mayo Society was formed in 1911? Originally called the Magazine Club, it began as a way for the wives of Mayo doctors to keep their minds sharp, socialize, and support one another after moving to Rochester. One hundred years later, after a myriad of brunches, teas, choral performances, theatre groups, fashion shows, article reviews, and book clubs, our goal is still to reach out to the spouses of staff, residents, and fellows. Please join us as we celebrate 100 years!

GARDEN TEA
TUESDAY AUGUST 16, 2011
THE FOUNDATION HOUSE
701 4TH STREET SW

Please join us as we greet newcomers to Mayo Clinic. We will meet in the gardens of the historic Mayo Foundation House. Please RSVP by Wednesday August 10, 2011 by going to the [AMS website](#) and registering online. There is a link from the front page. If the online registration option doesn't work, email amspresident@gmail.com or call 507-266-3488.

GARDENING AT MAYOWOOD JULY 26 AND AUGUST 9, 9AM - NOON

Have we got a fantastic opportunity for you! Roll up your sleeves, get your hands a bit dirty, and feast your eyes on the stunning gardens of Mayowood Mansion. The Master Gardeners who work so diligently to keep the grounds looking fabulous have invited us for two mornings this summer to help out at the gardens. It won't be heavy labor, but please bring your small garden tools and gloves, and pitch in for a morning of friendship and flowers! We'll provide the pastries and lemonade. Adults only please. Please RSVP to Sara Gettman at gettman.sara@gmail.com or call 507.254.8141 so that we may provide Mayowood with an accurate number of volunteers!

LUNCH BUNCH

The Lunch Bunch meets at a different restaurant each month, usually on the **3rd Tuesday at 11:30 am**. It is a fun, casual group and you are not obligated to attend every month. We welcome anyone to join us for a mid-day break for food, fun and conversation.

Contact Sara Staab at jeff.sara.staab@gmail.com for more information. Please let Sara know if you will join us at any of the following places so we know how many people to look for (and can get reservations if necessary).

Tuesday, July 19: Road trip to Chickadee Cottage Café, 317 North Lakeshore DR, Lake City, MN

Tuesday, August 9 (one week earlier due to Garden Tea: The new Newt's near 55th St. NW and Hwy 52.

Tuesday, September 20: Zumbro River Cafe, 120 Elton Hills DR NW

BOOK CLUB

The Friendship Club Book Club meets at **7pm the 1st or 2nd Sunday** of each month at Caribou north. Anyone is welcome.

If you have any questions please contact Shannon Carter (heecy2u@hotmail.com) or Jean Binkovitz (jbinkovitz@gmail.com)

Our upcoming books/meetings are:

Sunday, July 10th: "Water for Elephants" by Sara Gruen

Sunday, August 7th: "Bossypants" by Tina Fey

Sunday, September 11th: TBA

GET INVOLVED!

We are always in search of new activities to offer. If you are interested in hosting a game night, a morning coffee get together, bunco group, needlers group, cooking class, outing of some sort or any other activity, please let Sara Cima know at cimas5@aol.com and she can help you get organized.

Also, if you'd like to volunteer to help with existing AMS groups or want to serve on the board, please contact our current AMS president, Sara Gettman, at amspresident@gmail.com.

Please send your name and email address to mayoalumni@mayo.edu with "Alice Mayo Society" in the subject line to stay informed about AMS events.

WALKING WEDNESDAYS

Walking Wednesdays will be starting in September again at Quarry Hill Park (NOT Quarry Hill Nature Center). This is open to all AMS members and children are also welcome. The group will meet on September 7th, 14th, 21st and 28th and continue in October on the 5th, 12th, 19th and 26th.

The Park is located at 9th St. NE and 19th Ave NE. We will meet in the parking lot near the

tennis courts. By meeting here instead of at the Nature Center, we can take advantage of the trails without having to double back. Need directions? Type "Quarry Hill Park, Rochester, MN" in Google Maps (<http://maps.google.com>) and you will find it. Contact Kathleen Murphy at murphykat2000@yahoo.com for questions or more information.

GOURMET GROUPS

Gourmet Groups have been a very successful and long running activity for Alice Mayo Society members . We would really like to know of existing groups to keep the groups informed of changes and get new people in touch with them. If one person in your group would please send an email to Maribeth Peller (mbpeller@mac.com) or Alana Eldrige (aeldrige@yahoo.com) with the following information, we'd appreciate it.

- How many members are in your gourmet group and optionally, names?
• Are you interested in adding new members to your group?
• Do you prefer your dinners to be: adults only, adults and children (age range of children), weekdays/weekends, doesn't matter, other constraints?
• Would you like Gourmet Group menus emailed directly to you? Note: menus are available on the Friendship Club website.
• Do you have any suggestions for future menus?

Also, if you'd like to join a Gourmet Group, we'd love to hear from you. Groups operate in different ways. Some make their own menus and some pick and choose; it's a great way to make new friends, gain confidence making new dishes, and share a love of food.

Upcoming Themes: Summer - Texas BBQ

PLAY GROUP

Hello Play Group!

Here are some upcoming playgroup dates. I'll send the most current information such as updated/added dates and details for scheduled playdates via email. If you don't receive play group email and would like to be added to the email list please write me at ams.playgroup@gmail.com. Also, I'm looking for volunteers to host play dates this fall. Let me know if you're interested.

~Amanda Ward

Thursday, July 21: Family movie at the Chateau (email to follow)

Friday, July 29, 11am: Picnic and Games in the Park.

Tuesday, August 9, 1pm: Open Swim at Stewartville Public Pool

Wednesday, August 17, 10am: Family dance fun at Rochester Public Library

Thursday, September 1, 10am: Raspberry picking and jam making at the Ward farm (date subject to changed based on crop availability)

TOUR HISTORICAL SITES THIS SUMMER

You've probably been to the Foundation House but there are other interesting sites around Rochester. AMS member Maribeth Peller sent some information about historical sites around Rochester that might be fun to see. In addition to Mayowood, the Plummer House is open for touring on Wednesdays in June, July and August from noon to 6PM. The Heritage House on Heritage Square, behind Methodist Hospital, is open from June to August on Tuesday, Thursday and Sunday afternoons from 1 - 3:30pm. In Stewartville is the Sears House and a small history center. Laura Ingalls Wilder has a home, museum and Pageant in the summer in Walnut Grove. One of Maribeth's personal favorites is Historic Forestville, which is a "fun place to go and a gold mine of history in terms of what they found there!" Find a list of historic sites at http://en.wikipedia.org/wiki/List_of_National_Historic_Landmarks_in_Minnesota.

JULY

- 10th: Book Club - "Water for Elephants" by Sara Gruen at Caribou North
19th: Lunch Bunch - Road trip to Chickadee Cottage Cafe
21st: Play Group - Family movie at the Chateau
26th: AMS - Gardening at Mayowood
29th: Play Group - Picnic and Games in the Park.

AUGUST

- 7th: Book Club - "Bossypants" by Tina Fey at Caribou North
9th: AMS - Gardening at Mayowood
9th: Play Group - Open Swim at Stewartville Public Pool
9th: Lunch Bunch - Newt's near 55th St. NW and Hwy 52
16th: AMS - Garden Tea at the Foundation House
17th: Play Group - Family dance fun at Rochester Public Library

SEPTEMBER

- 1st: Play Group - Raspberry picking and jam making at the Ward farm
7th: Walking at Quarry Hill
10th: Book Club - Book TBA at Caribou North
14th: Walking at Quarry Hill
20th: Lunch Bunch - Zumbro River Cafe
21st: Walking at Quarry Hill
28th: Walking at Quarry Hill