
HAPPENINGS

Alice Mayo Society Newsletter

100 YEAR ANNIVERSARY OF ALICE MAYO SOCIETY CELEBRATION CONTINUES

We are celebrating! Did you know that the Alice Mayo Society was formed in 1911? Originally called the Magazine Club, it began as a way for the wives of Mayo doctors to keep their minds sharp, socialize, and support one another after moving to Rochester. One hundred years later, after a myriad of brunches, teas, choral performances, theatre groups, fashion shows, article reviews, and book clubs, our goal is still to reach out to the spouses of staff, residents, and fellows. Please join us as we celebrate 100 years!

MEDICAL UPDATE LUNCHEON

DR. ANJALI BHAGRA
CONSULTANT, PRIMARY CARE INTERNAL
MEDICINE
"MEDICAL UPDATE: THYROID MYTHS
BUSTED".

THURSDAY NOVEMBER 17, 2011
11:30AM - 1:00PM
PHILLIPS HALL, MAYO CLINIC

Please RSVP by November 11, 2011 by going to <http://www.mayo.edu/alumni/ams.html> and registering online. There is a link from the front page. If the online registration option doesn't work, email amspresident@gmail.com or call 507-266-3488.

ASSISI HEIGHTS TOUR, FRIDAY OCTOBER 28, 2011, 9:30 - 10:30AM

Life is hectic and we all have our daily tasks we are focused on, but the Alice Mayo Society invites you to take an hour out of your morning and tour one of the most prominent features of the city. Bring along your morning cup of joe and take in the gorgeous setting of the home of the Sisters of Saint Francis. The Italian Romanesque structure features an ornate lobby and hand blown stained glass windows from Germany. The tour begins at 9:30 in the lobby and lasts one hour. Please contact Sara Gettman via email: amspresident@gmail.com or by phone: 507.254.8141

SAVE THE DATE, JANUARY 21, 2012 FOR THE WINTER STAFF SOCIAL

The Alice Mayo Society together with the Officers and Councilors invite you and one guest to join us for an evening of Art Deco elegance, glamour and decadence. Look for a "Save the Date" postcard in the mail.

LUNCH BUNCH

The Lunch Bunch meets at a different restaurant each month, usually on the **3rd Tuesday at 11:30 am**. It is a fun, casual group and you are not obligated to attend every month. We welcome anyone to join us for a mid-day break for food, fun and conversation.

Contact Sara Staab at jeff.sara.staab@gmail.com for more information or to be put on the mailing list. Please let Sara know if you will join us at any of the following places so we know how many people to look for (and can get reservations if necessary).

Tuesday, October 18: Bob's Smoke Stack
Ribs 2280 Superior Dr. NW Rochester

Tuesday, November 8 (2nd Tuesday):
Tortilleria Jalisco 303 Elton Hills Dr. NW

Tuesday, December 13 (2nd Tuesday):
Chester's Kitchen 111 S. Broadway
(University Square)

BOOK CLUB

We would love to have you join us the 1st Sunday of each month for a great book discussion! The Book Club meets at 7pm at Caribou north. All are welcome.

If you have any questions or would like to be put on the mailing list, please contact Shannon Carter (hecey2u@hotmail.com) or Jean Binkovitz (jbinkovitz@gmail.com)

Our upcoming books/meetings are:

Sunday, October 2: "Cutting for Stone" by Abraham Verghese

Sunday, November 6th: "Cleopatra - A Life" by Stacy Schiff

Sunday, December 4th: TBA

GET INVOLVED!

We are always in search of new activities to offer. If you are interested in hosting a game night, a morning coffee get together, bunco group, needlers group, cooking class, outing of some sort or any other activity, please let Sara Cima know at cimas5@aol.com and she can help you get organized.

Also, if you'd like to volunteer to help with existing AMS groups or want to serve on the board, please contact our current AMS president, Sara Gettman, at amspresident@gmail.com.

Please send your name and email address to mayoalumni@mayo.edu with "Alice Mayo Society" in the subject line to stay informed about AMS events.

PLAY GROUP

Hello. I'll send the most current information such as updated/added dates and details for scheduled playdates via email. If you don't receive play group email and would like to be added to the email list please write me at ams.playgroup@gmail.com. Also, I'm looking for volunteers to host play dates this winter. Let me know if you're interested.

~Amanda Ward

Wednesday, October 26, 10am: Halloween cookie decorating at Nancy Radakovic's house. Wear your costume if you've got it!

Friday, November 18: Play time at Sylvia Demott's house

Friday, December 2: Play time at Nicole Cross' house

GOURMET GROUPS

Gourmet Groups have been a very successful and long running activity for Alice Mayo Society members . We would really like to know of existing groups to keep the groups informed of changes and get new people in touch with them. If one person in your group would please send an email to Maribeth Peller (mbpeller@mac.com) with the following information, we'd appreciate it.

- How many members are in your gourmet group and optionally, names?
- Are you interested in adding new members to your group?
- Do you prefer your dinners to be: adults only, adults and children (age range of children), weekdays/weekends, doesn't matter, other constraints?

Also, if you'd like to join a Gourmet Group, we'd love to hear from you. Groups operate in different ways. Some make their own menus and some pick and choose; it's a great way to make new friends, gain confidence making new dishes, and share a love of food.

Tip: Our group has set up a calendar in Yahoo! Groups to help on deciding on dates, which makes it a lot easier to coordinate than setting up dates by email or phone.

Menus are available on the AMS website at <http://www.mayo.edu/alumni/activities.html> and the Mayo Families' Connection website at <http://mfc.mayofams.org/clients/services>.

Upcoming Themes (see website for more months):

October - Oktoberfest, **November** - Cornucopia Cuisine, **December** - Cocktail Party

WALKING WEDNESDAYS

Our next scheduled walking group will meet on Wednesday, October 12 at 9:30 a.m. Feel free to bring the kids. We will be meeting at Quarry Hill Park, located off of 9th St. NE. (Quarry Hill Park has a small playground, parking lot and tennis courts). By starting there, we can take the trail all the way to Parkwood Hills Park (the other side of QHNC) and back for about a 2.5- 3.0 mile walk. If you wish to be added to the Walking Group's e-mail notifications, please drop me a note at murphykat2000@yahoo.com and I will add you to the list.

Our group will be walking through November 16th, weather permitting.

Driving directions to Quarry Hill Park from North Broadway near Silver Lake.

From Broadway heading North towards Silver Lake you will turn right on 14th St. NE.

Drive 0.7 mi and then turn right on 11th AVE NE

Go 0.2 miles towards 9th ST NE. You will see Quarry Hill Animal Hospital where you will make a left onto 9th St. NE.

In 0.5 miles you will turn right into a parking lot that is next to a baseball diamond and tennis courts.

GINGERBREAD MAKING

Kim Fleming will again be hosting an evening making gingerbread at her house Monday, December 5th at 7:30pm. Please join her and others for a fun holiday tradition. RSVP to Kim at kfleming314@yahoo.com.

FUN HOLIDAY EVENTS

Quarry Hill is having a pumpkin decorating contest for Halloween. See <http://qhnc.org/documents/QuarryHillPumpkinPromenadeContest2011.pdf> for more information.

Tour Mayowood and see its Christmas decorations. Details at <http://www.olmstedhistory.com/historic-sites/mayowood-mansion/christmas-tours/>.

Mayo Clinic Craft Show Saturday, November 19th, 8am - 5pm at Exhibit Hall in the Mayo Civic Center.

The **2011 Festival of Trees** will be held Nov. 23rd - 27th, 2011 with the Opening Night Gala November 22nd. See <http://www.hiawathahomes.org/weeklong-activities.html>.

OCTOBER

- 2nd:** **Book Club** - "Cutting for Stone" by Abraham Verghese at Caribou North
- 12th:** **Walking Wednesdays**
- 18th:** **Lunch Bunch** - Bob's Smoke Stack Ribs
- 19th:** **Walking Wednesdays**
- 26th:** **Play Group** - Halloween cookie decorating at Nancy Radakovic's house.
- 26th:** **Walking Wednesdays**
- 28th:** **AMS** - Assisi Heights Tour

NOVEMBER

- 2nd:** **Walking Wednesdays**
- 6th:** **Book Club** - "Cleopatra - A Life" by Stacy Schiff at Caribou North
- 8th:** **Lunch Bunch** - Tortilleria Jalisco
- 9th:** **Walking Wednesdays**
- 16th:** **Walking Wednesdays**
- 17th:** **AMS** - Medical Update Luncheon at Phillips Hall
- 18th:** **Play Group** - Play time at Sylvia Demott's house

DECEMBER

- 2nd:** **Play Group** - Play time at Nicole Cross' house
- 4th:** **Book Club** - Book TBA at Caribou North
- 5th:** **Gingerbread Making** at Kim Fleming's house
- 13th:** **Lunch Bunch** - Chester's Kitchen