SUMMER 2009

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TRANSITIONS

Newsletter of the Alice Mayo Friendship Club.



Check out our website@ www.mayo.edu/alumni and click on the link friendship club.



The Alice Mayo Society

cordially invites you to attend a

Garden Tea

1:00 PM – 3:00 PM Wednesday, August 19, 2009 Mayo Foundation House 701 Fourth Street SW

Please join us as we greet newcomers to Mayo Clinic. We will meet in the gardens of the historic Mayo Foundation House, former home of Dr. and Mrs. William Mayo. In case of rain, we will meet upstairs in Balfour Hall.

Please RSVP by Wednesday, August 12, 2009

Call 507.266.3488 or email AMSpresident@gmail.com

Members Only Please

We regret that your children and guests cannot be accommodated.

For anyone interested in starting or joining a Gourmet Club, please note there will be a sign-up sheet at the Garden Tea.



Playgroups

Thursday, July 2, Kutzky Park at 10:00am. Bring a wagon and a picnic lunch and we will have a 4th of July Wagon Parade.

Friday, July 17, Roy Sutherland Park (just south of YMCA) at 10:00am.

Wednesday, July 29, Soldier's Field Castle Playground at 10:00am.

Thursday, August 13, Bowling at 'Recreation Lanes'. Time TBA.

Monday, August 24, Quarry Hill Nature Center at 10:00am. We plan to go on a nature hike to the playground.

Tuesday, September 15, Young Park at 10:00am.

Wednesday, September 30, Soldier's Field Castle Playground at 3:00pm.

If you would like to be included on the playgroup list, please contact Jennifer Burkhart @ burkhartfamily@gmail.com.



MAKE NEW

FRIENDS AND EAT

GREAT FOOD.

COME JOIN A

GOURMET CLUB!

Gourmet Club

Are you and your spouse interested in cooking and eating great meals and meeting new friends? If so, consider joining a Gourmet Club. Groups are generally comprised of 5 to 7 couples, and groups decide where and when they will meet. If your existing gourmet club needs additional members OR if

you wish to be a part of a Gourmet Club, please send your name and information (phone #, email, department) to Kathleen Murphy, murphykat2000@yahoo.com or call 286-7865. Kathleen will work on getting you matched up with a gourmet club that meets once a month.

The Gourmet Planning Committee will meet this summer and will post the new menus for September, October, and November soon after on the FC/AMS website.

Please visit the FC/AMS website for the latest Gourmet Club Menus. The summer menu is titled 'Slow Food' and will be posted soon.



Looking for new Vice President

The Friendship Club is looking for a new Book Club Leader and Book Club Members. If you are interested, please contact Kim Fleming at kfleming314@yahoo.com.

Looking for a Vice President

The Friendship Club is looking If you know of anyone who for a new Vice President for this year who would serve as President for 2010.

might be interested please contact Kim Fleming at kleming314@yahoo.com.

It is a great organization that helps to welcome new families to town who are in their first five years on staff.

Summer 2009

<u>July</u>

2nd: Playgroup

10:00am, Wagon Parade & Picnic at Dinner, Mayo Foundation Kutzky Park

17th: Playgroup

10:00am, Roy Sutherland Park (by YMCA)

29th: Playgroup

10:00am, Soldier's Field Castle Playground

Chef Night Catering By Design, 7:00pm

<u>August</u>

7th: 'History & Harmony'

House

13th: Playgroup

Bowling at "Recreation Lanes" Time to be determined.

19th: Garden Tea

1:00-3:00pm Foundation House

22nd: Appetizer & Drinks

Night, hosted by The Burkhart's at 7:00pm.

24th: Playgroup

10:00am, Quarry Hill Nature Center

September

15th: Playgroup

10:00am, Young Park

30th: Playgroup

3:00pm, Soldier's Field Castle Playground

The Friendship Club is a section of the Alice Mayo Society which provides support and integration for the families of new Mayo Clinic consulting staff through a variety of organized social events.

Summer Gourmet Club Theme:

'Slow Food' found on the AMS website

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Chef Night - Presented by Jeff Windt of Catering by Design

The Friendship Club would like to invite you to a fun night with a gourmet chef.

Jeff Windt, of 'Catering by Design', has agreed to share with us his amazing talents with food and prepare a meal you won't forget.

The event will be held in July and the date is yet to be determined.

Please join us at his restaurant for this event. The cost is \$15 per person.

Please contact Kim Fleming at kfleming314@yahoo.com if you are interested.



"Good

friends

are good

for your

health."

~ Irwin



Evening of Appetizers and Drinks

The Burkhart's will be hosting on Saturday, August 22 at 7:00pm an 'Appetizer and Drinks Night'. Please bring your favorite appetizer and a bottle of wine or other beverage to share.

We hope you can attend this fun event and have a chance to meet new people and learn new fun recipes.

Please RSVP to Jennifer Burkhart at burkhartfamily@gmail.com by August 15.

